



**KVC**

Health Systems

*people matter*

2013 Annual Report



Dear Friends,

There are many people to recognize as we look back over all that has been accomplished this past year at KVC Health Systems. First and foremost, we need to applaud the staff and volunteers who have poured their hearts and souls into improving the lives of children and families. In addition, the Annie E. Casey Foundation, state and federal agencies, faith communities and many others have played an integral part in raising the bar in the area of child welfare. It's important work, because people matter.

Wayne Dyer, an American author and lecturer, has said "Change the way you look at things and the things you look at change." Our investment in Trauma Systems Therapy (TST) takes this to heart as we integrate this philosophy into foster care family training and behavioral healthcare practices all across the country. Thousands of people - in Washington D.C., Nebraska, Kentucky, West Virginia, Missouri and Kansas - are looking at children in crisis with a new perspective. Armed with education and innovation, we are better equipped than ever to provide hope, help and healing.

To fuel this effort, KVC launched the NYU/KVC Midwest Trauma Training Center this past year. Our investment in research is putting KVC on a national stage, providing evidence-based therapies that are making a difference.

Yet more work is required. Our \$6 million *Building Families* Capital Campaign was launched this year to help us more quickly implement innovative strategies and to harness the power of new technologies to support our research efforts.

Each organization in the KVC network has had remarkable accomplishments, which you'll discover in the following pages. Our staff has worked tirelessly and with compassion because they know that what they do matters. People matter.

Still, there are more families in crisis, more children to adopt, more lessons to learn and more knowledge to share. So we ask for your continued support. Together, we are making a difference in the lives of thousands of children and families across the country and around the globe. Because people matter.

Regards,



A handwritten signature in black ink, appearing to read "B. Wayne Sims".

B. Wayne Sims  
President and CEO,  
KVC Health Systems



A handwritten signature in black ink, appearing to read "David Ball".

David Ball  
Chair of the Board,  
KVC Health Systems

# Advancing adoption, because people matter.

# 305

Children Adopted

The list of adoption services provided by KVC is impressive - from partnering with state foster care agencies, to educating the public about the need for adoptive families, to providing in-home services and resources to families after adoptions take place. In states such as Kansas and West Virginia, KVC is leading the way in finding healthy settings that support children and their forever families.

Our adoption goals drive our commitment to find safe, loving and permanent families for children, keeping siblings together. Because KVC believes children matter. Families matter. People matter.



# Fostering foster care, because people matter.

# 4,434

Children Served in  
KVC Foster Families

Through no fault of their own, more than 400,000 abused, neglected or abandoned children in our country need the care and love that foster families provide. KVC is there to make a difference. In Kansas and Kentucky, West Virginia and Nebraska, KVC continues to be a recognized leader in providing foster care services - recruiting, licensing, training, and supporting foster families and the children in their care.

This past year, KVC, the largest provider of foster care services in Nebraska, demonstrated outstanding success in finding homes for the many children over the age of 13 years old as well as children with special needs. And in Kansas, KVC was awarded expanded child welfare contracts, making KVC responsible for 50 percent of children in foster care in the state.



*Raising awareness of the need for loving foster families is supported by community partners such as the Kansas City Royals and pitcher James Shields. Scan this code with your smartphone to watch our new Public Service Announcement.*

# Strengthening family systems, because people matter.

**7,723** Children and Families  
Were Served Through  
In-Home Services

A youngster struggling from the death of a parent ... A troubled teen in need of counseling ... A child with autism and a family looking for support ... Parents frightened by unemployment or addiction.

Families from all walks of life often face tremendous challenges that impact their mental and behavioral health. Too often they don't know where to turn. KVC provides a path toward hope and healing.

As a recognized leader in family preservation program delivery, KVC significantly expanded its sphere of influence in Kentucky this year, serving families in half the state. In-home therapy services in Nebraska, Kansas, Kentucky and Missouri continue to help keep families together and safe.

Additionally, KVC equipped hundreds of case workers and therapists this past year with tools such as Trauma Systems Therapy (TST). Effective counseling techniques, validated by better outcomes, are improving the behavioral health of thousands of at-risk youth across the United States.



# Innovating hospital services, because people matter.

*KVC's psychiatric hospitals – Prairie Ridge in Kansas City, Kansas, and Wheatland in Hays, Kansas, – continue to lead the way in delivering innovative, evidence-based treatment for children and adolescents.*

KVC's collaboration with Dr. Glenn Saxe, Director of the NYU Child Study Center and founder of Trauma Systems Therapy (TST), and its comprehensive implementation of TST throughout its hospital system, has positioned KVC as an industry leader in providing children with paths to recovery from traumatic experiences.

As part of the treatment model, KVC Hospitals implemented Positive Behavioral Interventions and Supports (PBIS). PBIS provides a set of systems, tools and processes that organizes social, educational, biomedical, physical and logistical support for young people. This framework allows children and adolescents to better manage overwhelming emotions, process painful memories and experience the world as a safe and hopeful place.

Partnering with Netsmart, an industry leader in electronic medical records and information systems, KVC is using the power of technology to change young people's lives. This past year, KVC hospitals successfully launched myAvatar™, a state-of-the-art electronic health record system that facilitates the coordination of care among patients and their entire medical team. Additionally, enhanced data collection and tracking capabilities better support KVC's research initiatives.

## *Area Universities Look to KVC Hospitals for Behavioral Healthcare Leadership*

KVC continues to strengthen and expand its teaching affiliations with numerous institutions of higher education, providing opportunities for clinical and academic rotations throughout its hospitals. Child psychiatry, nursing, pharmacy, social work, psychology and counseling students benefit from the learning environment provided by KVC.

# Expanding consulting services, because people matter.

Sharing best practices and models of success with others is part of the KVC mission. Nowhere was this more evident than in our nation's capital. Working in partnership with the Child and Family Services Agency, KVC helped the District of Columbia achieve significant success. Outcomes included:

- reducing the average monthly number of children removed from their homes from 45 to 24;
- improving the number of kinship placements, increasing the likelihood of a stable and safe home for children; and
- training more than 1,300 families and supporters in Trauma Systems Therapy (TST).



*"Our hard work and dedication to improving the lives of children in the District have made a difference," says **Brenda Donald**, D.C.'s Child Welfare Director. "Thanks to KVC for bringing a new perspective, lessons learned from other states and research-based tools and strategies for improvement. We look forward to continued progress."*

## *KVC Extends Reach Across the Country, Around the Globe*

In addition to the successful partnership with Washington D.C., KVC provided consultation and collaboration with many public and private child welfare agencies across the United States, as well as in India, and most recently, Singapore. KVC consultation comes in many forms, from a "shared professional" model to opportunities through its partnership with the Annie E. Casey Foundation. Sharing best practices and learning from one another continue to be effective ways of providing hope and healing to children and families in crisis.



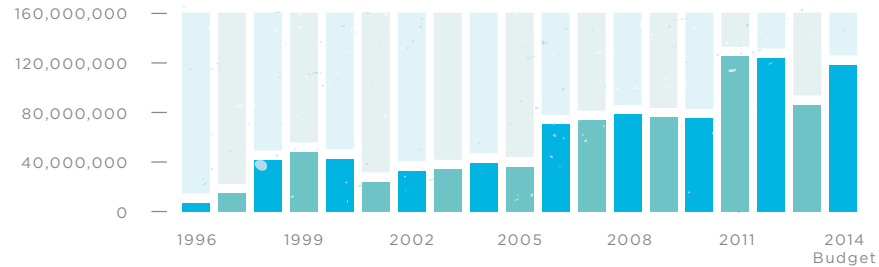




# 2013 KVC Financials\*

## Operating Revenue

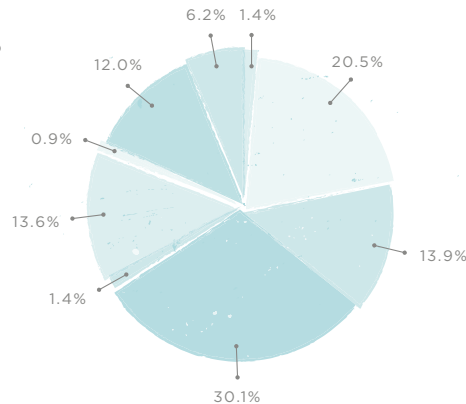
KVC Health Systems and Subsidiaries



## Sources of Operational Revenue

KVC Health Systems and Subsidiaries

Kansas Permanency Contract	30.1%
Kansas Inpatient Services	20.5%
Kansas Child Placing	13.9%
Nebraska Child Placing	13.6%
Kentucky Services	12.0%
West Virginia Services	6.2%
Kansas / Missouri Outpatient	1.4%
Contributions, Grants & Other	1.4%
Nebraska Family Preservation	0.9%



## Operational Expense Percentages

KVC Health Systems and Subsidiaries



87%  
Program Expenses



12.7%  
Administrative Expenses



0.3%  
Fundraising Expenses

*On behalf of the 25,000 children and families positively impacted by KVC, we sincerely thank the individuals, corporations, foundations and state and federal agencies that give their time and treasure to make a difference. Because people matter.*

\*Fiscal Year July 1, 2012 - June 30, 2013



**KVC**  
Kansas

- **1,808 ADOPTIONS SINCE 2005**
- **72 PERCENT OF ALL KVC FOSTER FAMILIES ARE TRAINED IN TRAUMA SYSTEMS THERAPY (TST)**
- **MORE THAN 700 CHILDREN PER DAY BENEFIT FROM KVC FOSTER FAMILY SUPPORT**

### *The State of Kansas Awards KVC Expanded Contract for Child Welfare Services*

In January 2013, the Kansas Department of Children and Families awarded KVC a contract to deliver a full continuum of child welfare services in a 30-county area of eastern Kansas. This was an expansion of KVC's existing contract, effectively doubling the number of children and families served. From family preservation to reintegration or adoption, KVC now supports 50 percent of children served through Kansas child welfare.

Examples of special initiatives that have improved outcomes for children and families in Kansas this past year include expanded training of staff and foster families in Trauma Systems Therapy (TST), focus on keeping sibling groups together in adoption, and efforts to involve children's relatives in treatment to reduce trauma and positively impact the child's healing.

### *Families of Faith Initiative Raises Awareness and Provides Support*

Tapping into the energy and compassion of local churches has provided monumental support for children in need. From foster family recruitment to financial support to recruiting respite caregivers, KVC has engaged the faith community with great success in Kansas and beyond.





**KVC**  
Nebraska



As the largest child placing agency in the state, KVC continues on its path of raising the bar in child welfare. In July of 2012, The Joint Commission awarded KVC accreditation in the state of Nebraska for meeting the standards of excellence associated with providing behavioral healthcare services, completing KVC system-wide accreditation. This is a testimony to the safe, effective, high-quality care KVC provides to children and families across the state.

*"KVC has made significant efforts to expand the number of licensed foster homes in the Southeast Service Area (SESA) to provide additional options for older youth, siblings groups and youth with multiple needs. We appreciate our partnership with KVC to serve children, youth and families in the SESA."*

**Lindy Bryceson, Southeast Service Area Administrator  
Nebraska DHHS - Children and Family Services**

- **1,299 YOUNG PEOPLE WERE SUPPORTED BY COMPASSIONATE FOSTER FAMILIES**
- **MORE THAN 36 PERCENT OF CHILDREN HELPED THROUGH KVC FOSTER CARE WERE OLDER THAN 13**





**KVC**  
Kentucky

Effective program delivery was the impetus for significant growth in Kentucky's Family Preservation and Reunification Service initiatives this past year. More than 50 percent of these state contracts were awarded to KVC by Kentucky's Department for Community Based Services.

KVC's IMPACT Plus, a program for Medicaid-eligible children with complex behavioral healthcare needs, continues to serve some of Kentucky's most vulnerable youth.

KVC's Therapeutic Foster Care Services combine evidence-based research and innovative support tools to help children and families succeed in foster care settings, reunification and/or adoption.

- **3,500 CHILDREN WERE STRENGTHENED BY FAMILY PRESERVATION PROGRAMS**
- **MORE THAN 580 FAMILIES RECEIVED CRITICAL BEHAVIORAL HEALTHCARE SUPPORT**
- **250 HOURS OF TRAINING IMPROVED STAFF'S ABILITY TO MAKE AN IMPACT**





**KVC**  
West Virginia

- MORE THAN 240 CHILDREN WERE MATCHED WITH LOVING FOSTER FAMILIES
- 100 PERCENT OF CASE MANAGERS AND THERAPISTS WERE TRAINED IN TRAUMA SYSTEMS THERAPY (TST)

### *Adoption Pilot Success*

KVC launched an adoption initiative in West Virginia this past year with outstanding success. Not only did KVC help match children with their forever families, but the time frame to complete the adoption process was significantly less than historical averages.

### *Trauma Training Delivers Needed Tools*

As evidence-based research indicates, children struggling with traumatic experiences need special understanding and help. Now, thanks to a variety of trauma-informed training techniques, KVC staff and foster families are better equipped to treat young people in their care.

### *Social Media Sparks Community Involvement*

A new Facebook page ([facebook.com/KVCWV](https://www.facebook.com/KVCWV)) helps spread the word about the good work of KVC in West Virginia – keeping foster families engaged and educating community partners about the need for support.



# NYU/KVC Midwest Trauma Training Center Debuts



*"Trauma affects the lives of millions of children and adults each year. Through this partnership, KVC and NYU seek to increase access to quality trauma-informed and trauma-focused services so that families can receive the specific care they need to begin healing."*

**Glenn Saxe, MD**

After an intensive, multi-year partnership, KVC, New York University and Dr. Glenn Saxe, Director of the NYU Child Study Center and founder of Trauma System Therapy (TST), have teamed up to create the NYU/KVC Midwest Trauma Training Center.

This innovative training center will provide expertise to clinicians throughout the midwest, promoting the use of effective trauma treatment and services for children, adolescents and families.

KVC has collaborated with Dr. Saxe on the adaptation and implementation of TST through KVC's continuum of care in child welfare. Online opportunities, workshops, and at-home training options are used to train both healthcare professionals and foster family participants. KVC is leading the nation in the development of programs that promote trauma-informed care and ensure a trauma-sensitive culture.

# *Building Families* Capital Campaign Blossoms



Recognizing KVC's leadership role in improving child welfare outcomes, the Annie E. Casey Foundation of Baltimore, Maryland, has identified KVC as a best-practice organization. KVC's partnership with New York University and the founding of the NYU/KVC Midwest Trauma Training Center represent another strong example of leadership in the field of child welfare.

Knowing more work is required, KVC initiated its *Building Families* Capital Campaign to raise \$6 million to fund the creation of an Institute for Practice Improvement and Innovations in Child and Family Services.

The Institute will be located on KVC's Olathe, Kansas, campus in the heart of the country. This campaign will provide the foundation to propel innovative strategies into direct service to children and families across the nation, utilize data management improvements for supportive research, and leverage proven results to KVC locations and other child welfare and behavioral healthcare providers across the country.

By continually improving how we treat and care for children and families who need our help, tens of thousands of people will be positively impacted each year. Because people matter.

***KVC Mission***

*To enrich and enhance the lives of children and families by providing medical and behavioral healthcare, social services and education.*

KVC Health Systems, Inc.  
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Please continue to support KVC by becoming a friend of ours on Facebook, joining our Everyday Heroes giving program or volunteering through your local KVC office. You can be a part of our efforts to help children and families flourish, because people matter.

