

KVC Health Systems, Inc. 21350 W. 153rd St. Olathe, KS 66061-5413

THE NYULMC & KVC MIDWEST TRAUMA TRAINING CENTER: **Creating Trauma Informed Systems** in Child Welfare and Mental Health

Sponsored by:

**NYU Langone** MEDICAL CENTER

KVC Health Systems people matter

# Advancement of Knowledge

Psychiatrists | Psychologists | Social Workers Early Childhood Program Administrators Counselors | Therapists | Nurses

Anyone serving individuals with mental health disorders is welcome to attend.

Participants will receive certificates of attendance suitable for CEU verification Visit www.kvc.org for more information on CEUs.

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# **Creating Trauma Informed Systems in Child Welfare** and Mental Health

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Register online at: www.kvc.org/nyukvcseminar Questions? Call 913.322.4900 or email seminarseries@kvc.org

THE NYULMC & KVC MIDWEST TRAUMA TRAINING CENTER:

Monday, September 29, 2014 Olathe, Kansas

THE NYULMC & KVC MIDWEST TRAUMA TRAINING CENTER:

# **Creating Trauma Informed Systems** in Child Welfare and Mental Health

Kelly McCauley, LSCSW; Derrick Hurst, LSCSW and Kelly Young

### Monday, September 29, 2014

Olathe, Kansas **Ball Conference Center** 21350 W 153rd St. Olathe, KS 66061

### **Professional Workshop Summary**

This workshop is appropriate for professionals serving youth and families who have been exposed to traumatic events. It is appropriate for those working in physical and mental health, child welfare, education, and juvenile justice settings. This workshop will present an overview of the impact of childhood trauma on youth, families, professionals, organizations, and systems. There is an emphasis on definitions, prevalence and the complicated emotional, behavioral, cognitive, interpersonal and systemic ramifications of the "epidemic" that is child traumatic stress. An overview of treatment will be presented, as will the impact of secondary stress on caregivers and child and family-serving staff. Recommendations for self care and organizational strategies to promote employee health will be discussed.

## **Learning Objectives**

#### Participants will:

- Learn to understand the meaning, impact and relevance of childhood traumatic stress on youth, families, systems, and those that provide service to such youth and families
- Learn to recognize the symptoms of childhood traumatic stress
- Learn effective ways to support youth and families coping with childhood traumatic stress
- Learn to recognize signs of secondary traumatic stress, and develop effective ways of coping

## **Schedule**

8:30-9:00 am	Registration
9:00-9:15 am	Introduction and announcements
9:15-10:00 am	Introduction to child traumatic stress
10:00-10:10 am	Break
10:10-11:00 am	Assessment and intervention strategies
11:00-11:30 pm	Secondary traumatic stress
11:30-12:15 pm	Organizational approaches for helping youth and families
12:15-12:30 pm	Questions and answers, summary and evaluations

Under a partnership agreement with New York University, KVC Health Systems joined The Child Study Center at NYU Langone Medical Center to create the NYULMC & KVC Midwest Training Center for Coordinated Trauma Services in Child Welfare and Mental Health. This is a regional training center based in Olathe, Kansas, which serves as a center for the advancement of evidence-based practices within the fields of child welfare and children's mental health. The NYULMC & KVC Midwest Training Center is connected to the National Child Traumatic Stress Network through a grant funded by

the Substance Abuse and Mental Health Services Administration.

#### **BIOGRAPHIES**



Kelly McCauley, **LSCSW** is the Director of **Evidence Informed Initiatives** at KVC Health Systems, Inc. She received her Masters degree in Social Work from the University of Nevada, Las Vegas and completed a clinical fellowship under the

direction of Dr. Scott Sells. She formally served as clinical director on two adolescent dual diagnosis units and the Director of Foster Care Services at Kansas Children's Service League prior to coming to KVC. She has dedicated her 30-year career to the areas of children's mental health and child welfare and has extensive training in Trauma Systems Therapy, Child-Parent Psychotherapy, Neurosequential Model of Therapeutics, Trauma Focused-Cognitive Behavioral Therapy, and substance abuse treatment. She serves on the Child Welfare Committee of the National Child Traumatic Stress Network, the TST Development Team, and a National Advisory Board focused on implementing trauma informed and focused care within child welfare systems based out of the Child Study Center at NYULMC.



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The Child Study Center was founded in 1997 to improve the treatment of child psychiatric disorders through scientific practice, research,

and education, and to eliminate the stigma of being or having a child with a psychiatric disorder. The Center has made major strides towards fulfilling this mission: its research, clinical, educational, and community services have expanded and grown in a new direction. In the face of increased threats to security and safety, the Center highlighted the importance of strengthening resilience in all children as a preventive strategy to enhance and protect their psychological well-being.



Derrick Hurst. LSCSW earned his Master of Social Work degree at the Kansas University School of Social Welfare. Derrick has been with KVC since 2007, holding numerous positions including behavioral health tech, challenge course facilitator and therapist for both inpatient hospital and psychiatric residential treatment program (PRTF). Derrick serves as the Director of Residential Services and oversees KVC Prairie Ridge Hospital's residential psychiatric treatment programs for

children and adolescents. Derrick is a National Level III Trauma Systems Therapy trainer and has completed the Kansas Institute for Positive Behavioral Supports facilitator course.



Kelly Young has worked for many years in child welfare and domestic violence victim advocacy. She began her career in child welfare with the Kansas Department for Children and Families in 1993. In 2001, Kelly began work in the area of domestic violence victim advocacy and spent eight years providing direct services and policy advocacy at the local and state level in Kansas. In 2010, she graduated with her bachelor's degree in social work from Washburn University, and entered Washburn University

Advanced Standing Master of Social Work program, graduating in 2011. Kelly is currently employed with KVC Behavioral HealthCare and serves as the Supervisor of the Kansas Intensive Permanency Project (KIPP) across seven counties. She serves as the Lead Coach, KIPP trainer, and PMTO fidelity rater for KIPP Parent Management Training-Oregon model (PMTO).



KVC Health Systems, Inc. represents a continuum of treatment services and supports that address behavioral healthcare issues confronting today's children and families. KVC

services span five states and range from Home/Schoolbased Family Therapy and Case Management to Acute Inpatient Hospitalization. KVC is acutely aware of the significant impact trauma often plays in the lives of many we serve and is dedicated to the continual refinement of its trauma informed culture. KVC is committed to the use of treatment modalities grounded in research and backed by clear evidence. It is this commitment that drives KVC's efforts to continually raise the bar in the education of its professionals and others from the communities it serves.