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KVC Mission:
To enrich and enhance the lives of children and families by providing medical and behavioral health care, social services and education.

“KVC is one of the best child welfare agencies in the country and the field will continue to benefit from their cutting-edge practices to improve outcomes for children and families.”

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Elizabeth Grayson, M.S.W., L.M.S.W.
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KVC Health Systems, Inc. | 2012 Annual Report

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October 2012

Dear Friends,

Each year at this time, KVC takes a moment to reflect on the progress it has made towards accomplishing its mission. We stand steadfast in our belief that children grow best in families, and that children and families often require our attention and support to survive many of life’s most difficult challenges. Thanks to the hard work and commitment of our staff, our community partners, our donors and our supporters, we believe we have made a significant and positive impact on the lives of the tens of thousands of children and families in KVC’s care.

In the book, In Pursuit of Excellence, author Terry Orllick makes the case that excellence is a choice. At KVC locations across the country – Kansas, Kentucky, Missouri, Nebraska, West Virginia and most recently, Washington D.C. – we have made a conscious decision to choose excellence. Annie, author Terry Orllick makes the case that excellence is a choice. At KVC locations across the country – Kansas, in the book, In Pursuit of excellence made a significant and positive impact on the lives of the tens of thousands of children and families in KVC’s care.

In October 2012, we were recognized by the Nebraska Governor’s office and the Office of the Governor for our outstanding leadership and commitment in the area of foster care in the state. This recognition is a testament to the hard work and dedication of our staff, our community partners, and our donors and our supporters, who work tirelessly to ensure that children grow best in families.

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The story of Janice and Gary Meyer below is just one example of the commitment and dedication of both foster families and KVC staff in Kansas. It’s one reason why, after more than 40 years of providing care, KVC has become a leader in delivering child welfare services.

KVC’s pursuit of excellence can be seen in many ways. First and foremost, excellence is evident in the results achieved by Kansas children and families, setting the standard for others around the country. Ninety-six percent of all KVC foster children are cared for by families – a remarkable statistic as opposed to being in institutions as experienced in many other states. A strong foster family support structure, like the one experienced by the Meyer family, is central to children’s success.

Selected by the University of Kansas to participate in a national, grant-funded research project (KiPP), KVC is delivering innovative strategies to help reduce the time children spend in foster care. Combined with its adoption initiatives and out-patient services, KVC Kansas continues to deliver one of the strongest and broadest child welfare and behavioral healthcare continuums of care in the nation.

“I have been a foster parent for over 25 years,” says Janice Meyer of Salina, Kansas. “My husband and I can’t seem to say, ‘no’. Leon, our youngest, is blind and deaf and confined to a wheelchair. KVC has gone to great lengths to find the resources we needed to make this work. We’re in this together.”

Innovative techniques in patient care and a commitment to using new technology to improve outcomes were the focus of change at KVC’s psychiatric hospitals this past year. A recognized leader in trauma-informed care, KVC’s hospital staff routinely shares with others across the nation the positive results achieved using nationally-recognized strategies pioneered by Dr. Glenn Saxe, MD, and Dr. Adam Brown, PsyD, both of the NYU Child Study Center.

A giant step in shifting to electronic health records was launched with the help of NetSmart, the leading software developer in the health and human service industries. Prairie Ridge Hospital (Kansas City, Kansas) is on the path to become a NetSmart flagship hospital, effectively managing clinical data using new technology for improved patient results.

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New ways to treat the effects of trauma

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More than 2,200 Nebraska children and families supported foster care families

As the largest child placing agency in the state, KVC staff are committed to supporting the safety, permanency and well-being of Nebraska children and families. Newly appointed President Kim Hawekotte brings a wealth of knowledge about the needs that exist in Nebraska and a commitment to adopt innovative, evidence-based techniques to help those in need.

“We have worked with KVC Nebraska for many years, and are continually impressed with their responsiveness as well as their ability to find solutions for difficult situations. Their commitment and perseverance in finding loving families for children is a blessing for some of Nebraska’s most vulnerable youth.”

David Newell, President and CEO, Nebraska Families Collaborative

Recognized by the Annie E. Casey Foundation as a leader in mental and behavioral healthcare services, KVC Health Systems has established best-practice models designed to help at-risk children and families throughout the country. With this national reputation for innovation and success, the Washington D.C. Child and Family Services Agency requested the help of KVC to advise and consult on ways to further enhance child welfare services. Guiding this effort was Dr. Giusa-Gonzalez, an alumna of the Annie E. Casey Foundation fellowship program and current KVC Executive Vice President, recently named their leadership team with the goal of improving outcomes using “lessons learned” to improve the infrastructure of the agency, and safely decreasing their entries into out-of-home care.

KVC is excited about the opportunity to impact children and families in our nation’s capital, to work with and learn from state and federal agencies, and to share the knowledge with the tens of thousands of children and families served by KVC across the country each year.

KVC was due to positive results achieved in preceding years, KVC’s investment in innovative strategies that help children and families improve their lives, and KVC’s commitment to improving likelihood of family participation.

“There are times when the challenges for elementary school children with ADHD, middle school adolescents with teen angst or the growing pains of high school students reach a boiling point. Many of these students come from families where parents are struggling with job loss, substance abuse or health issues, and are not able to provide the necessary support for their children. Center School District and Independence School District, in Kansas City, Missouri, recognize that partnering with professionals to provide behavioral and mental health services is critical to their holistic approach to reaching their students. KVC continues to be their primary partner for support, providing school-based and in-home therapy to children and families.

“The professional expertise and integrity that KVC provides has been outstanding,” says Betty McKinzie, Director of Student Services for Center School District.

“When families participate together in therapy, the chances for students to improve are so much greater. Thanks to KVC’s commitment, we can provide the right tools and resources to our students to give them the chance they deserve to succeed,” says Betty McKinzie.

Dr. Brenda Donald, Director of Washington D.C.’s Child and Family Services Agency, works in partnership with KVC President and CEO, Dr. Miguel Sam, and KVC Executive Vice President Dr. Giusa-Gonzalez implementing innovative strategies to help children and families improve their lives.

850 children and families receive support each month in Missouri school-based services

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Improving family-based care

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Astonishingly, More than 1,200 children and families positively impacted each month through intensive in-home services

New foster care initiative teaching the lives of more than 50 children and families
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Kim Hawekotte appointed President of Nebraska-based employees received intensive training on innovative ways to improve foster child placements. Helping teenagers find families is a KVC strength.

DELAWARE

More than 2,200 Delaware children and families positively impacted each month through intensive in-home services.

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WASHINGTON D.C. BEHAVIORAL HEALTHCARE

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MISSOURI

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In October 2012, we opened our doors to a new location in the heart of the city – Kansas City, Missouri. This move towards electronic medical records this past year is a giant leap forward in delivering continuity of care for foster children, analyzing trends and improving results in behavioral and mental healthcare. Phone apps, tablets, video conferences and telemedicine offer tremendous opportunities for increased access to services, lower patient costs and improved outcomes. The story of Dominic and his family staying connected with the help of video software services at KVC's Prairie Ridge Psychiatric Hospital provides a heartwarming example of how our use of technology makes a difference in people's lives.

KVC's ability to persevere in light of funding challenges is another testimony to its commitment to its mission. When necessary, we have regrouped, refocused and recommitted ourselves to those who need us most. We are supporting children and families in innovative ways and pushing towards better outcomes every day. On behalf of the children and families we serve, thank you for your support in our pursuit of excellence.

Regards,

B. Wayne Sims
President and CEO | KVC Health Systems

David F. Ball
Chairman of the Board | KVC Health Systems

* [Evandale Foster Care Center, Westerm Virginia] [financials] [Difference]

Raising the bar on the quality of services is a continual focus for KVC Behavioral Healthcare. West Virginia, local leadership and local staff continue to increase their expertise in evidence-based practices in child welfare, attending hundreds of hours of training in new therapy techniques such as Trauma Systems Therapy (TST). Building and strengthening relationships with local partners, including the state agency and MPS, Healthcare, positively impacts KVC's ability to deliver health care. The recent addition of a state contract to facilitate adoption from foster care adds another dimension, allowing KVC to support families in foster care who have children currently cared for by KVC foster families.

West Virginia families, like the Cedar family, are a testimony to the hope, help and healing that KVC strives to provide. Their story is one of many children currently span the ages of 11-19 years old. In 2011, Vanese and Ken Cedar received the Angels in Adoption award for their foster family. Vanese and Ken are a busy clan of seven children that KVC helps facilitate. Their family is a measure of our success. Their love for each other and their commitment to helping others provides a heartwarming example of how our use of technology makes a difference in people's lives.

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Approximately 280 children being cared for in 150 foster homes

2,700 hours invested in training

370,000,000

150,000,000

90,000,000

60,000,000

30,000,000

0

2005 2006 2007 2008 2009 2010 2011 2012

KVC Health Systems & Subsidiaries

TRAUMA SYSTEMS THERAPY

WEST VIRGINIA

IN-PATIENT SERVICES 9%

KANSAS / MISSOURI OUTPATIENT 1%

KANSAS  CHILD PLACING 2%

KENTUCKY SERVICES 4%

CONTRIBUTIONS, GRANTS & OTHER 1%

REAL ESTATE TRANSACTIONS 0%

PROGRAM EXPENSES 89.8%

FUNDRAISING EXPENSES .2%

ADMINISTRATIVE EXPENSES 10%

OPERATING DEBIT 34%

TST

WEST VIRGINIA BEHAVIORAL HEALTHCARE

OPERATING EXPENSES

WEST VIRGINIA BEHAVIORAL HEALTHCARE

WEST VIRGINIA

IN-PATIENT SERVICES 14%

KANSAS / MISSOURI OUTPATIENT 1%

KANSAS  CHILD PLACING 2%

KENTUCKY SERVICES 4%

CONTRIBUTIONS, GRANTS & OTHER 1%

REAL ESTATE TRANSACTIONS 0%

PROGRAM EXPENSES 89.8%

FUNDRAISING EXPENSES .2%

ADMINISTRATIVE EXPENSES 10%

OPERATING DEBIT 34%

TST

[Financials] Fiscal Year 2012 [ended]

[Evandale Foster Care Center, Westerm Virginia] [financials] [Difference]