

*Helping one child, one adult
and one family at a time.*





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Dear Friends,

Mother Teresa dedicated her life to serving people who were poor, sick and suffering. She made such a worldwide impact that many consider her one of the greatest humanitarians of the 20th Century. ***"Never worry about numbers,"*** she said. ***"Help one at a time, and always start with the person nearest you."***

In this Impact Report, you will find personal stories from children and families along with the numbers, so that you can see both the impact and the scale of your generous support.

What matters most to us is helping each person in need overcome adversity and make positive, lasting change. That enduring change — that's true impact. We help one child, one adult and one family at a time.

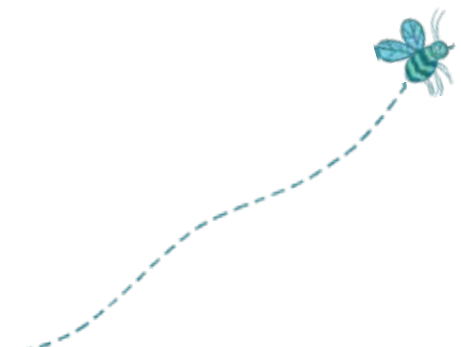
Thank you for believing in the work we are doing to strengthen families, help people achieve mental health wellness, and ensure that every person is connected to a strong family and a healthy community. Thanks to you, we helped over 71,000 people live better lives this year. Read on as those numbers come to life.

Thank you,

Jason Hooper
President and CEO

David F. Ball
Board Co-Chair

B. Wayne Sims
Board Co-Chair



total impact

Working to Ensure Every Person is Safe & Connected

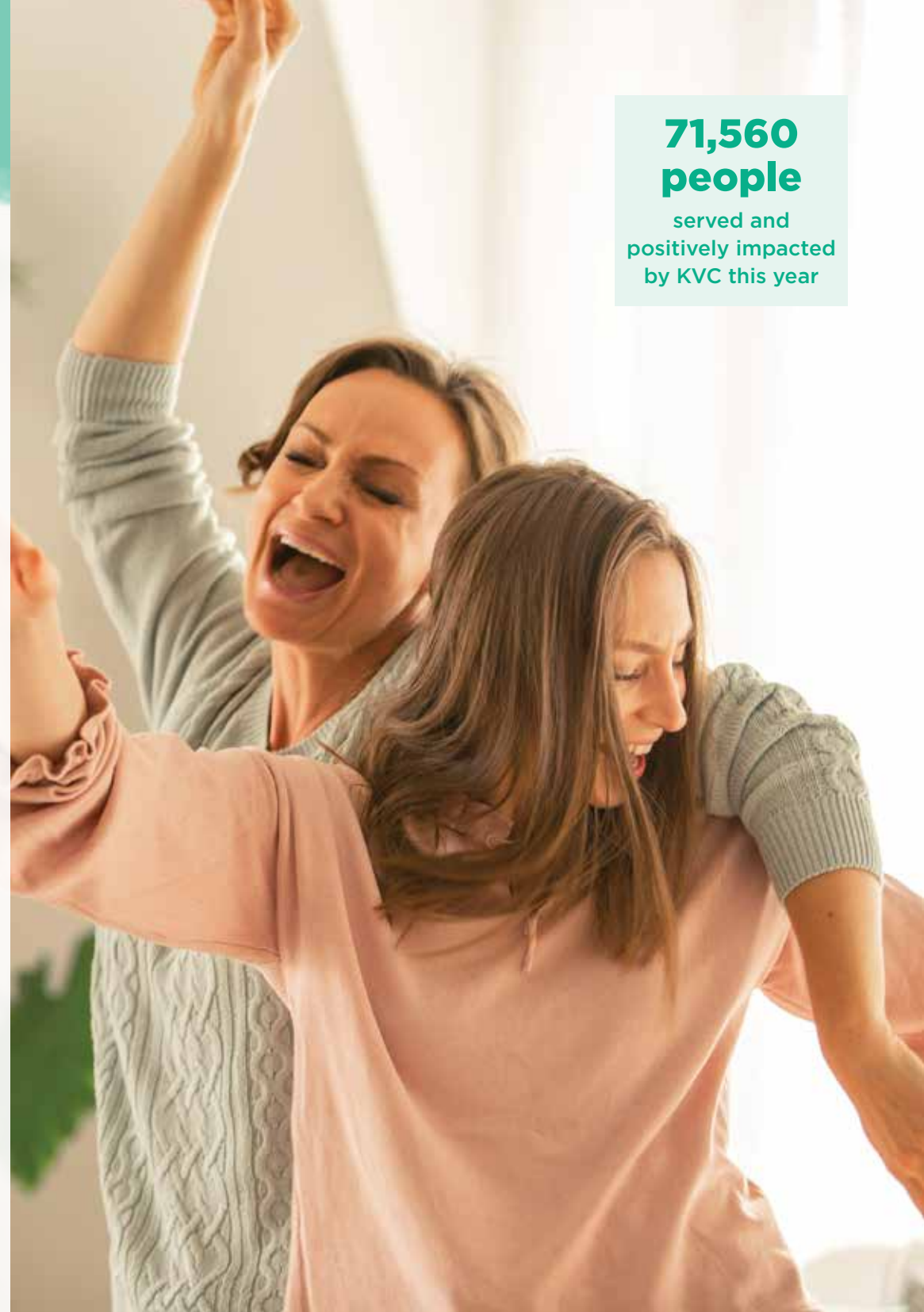
Life can be difficult. People face everything from everyday challenges to full-scale crises. Mental health needs, fights at home, financial problems, and other stressors are not only negative experiences; they also heighten the likelihood of child abuse and neglect.

Societal and familial problems are complex, messy and daunting. We are proud of our team members who are bold enough to work toward a world in which every person is safe and connected to a strong family and a healthy community. That's our KVC vision because people matter and that's what every person deserves.

This past year, by serving people in five states and training professionals far beyond those borders, we stepped closer to our vision — over 71,000 people closer.

**71,560
people**

served and
positively impacted
by KVC this year





Families
Strengthened

families strengthened

The Heart of Our Work Is Helping People

At KVC, we help families in crisis with personalized plans that give them the support, skills and resources to be strong and happy. What differentiates a family in crisis from a family that is stable? Often it is simply a lack of a support network that can help them weather life's storms. We help families identify and build up the protective factors they need to succeed. With great skill, our team members help families increase their resilience, social connections, concrete support in times of need (such as food or housing assistance), knowledge of parenting and child development, and social and emotional competence of children.

**13,268
children**

served in family
preservation
programs aimed at
safely preventing
foster care

**5,857
families**

strengthened
through family
preservation

**726
families**

safely reunified
with their children
after foster care

A KVC Success Story

Brad Overcomes Substance Use & Safely Reunites with Son

Years ago, Brad struggled with substance use, which led to his son KC having to enter foster care. His journey was difficult and there was even a time that he considered relinquishing his parental rights. But through determination, hard work and cheering from his KVC support team, Brad was able to overcome addiction and successfully reunite with his son in 2016!

The story didn't end there. This past year, Brad was also able to adopt KC's half-brother Hunter, who had been in foster care for several years. Brad's story is truly amazing and inspirational! Read more at www.kvckansas.org/brad.



Adoption



The Boylan Family — see their success story on page 13

adoption

Family Connection Drives Our Culture

Life is infinitely more lonely and difficult when you don't have a place to call home. And when you do have a family and a home? Well that makes the past bearable, the present sweet, and the future limitless.

This year, we facilitated more children's adoptions than in any previous year in our history. These 808 children were waiting in foster care for the right loving families to come forward. 808 times this past year — which averages out to more than 2 times every day — we joined them in celebrating the very best day of their lives!

**808
children**

**matched with
loving adoptive
families this year**

**5,321
children**

**matched with
loving adoptive
families in our
agency's history**

A KVC Success Story

Three Brothers Matched with Loving Forever Family

Cherish and Joe Boylan are a Nebraska couple that were introduced to foster care when they provided kinship care for their grandchild. After that, they learned about the many children in foster care needing loving families.

This past year, they fostered and then adopted three young brothers: Spencer, Hudson and Benji. Because sibling sets sometimes require more space and time than a single child, there are fewer families willing to adopt them. But siblings have a lifelong bond, so it's important to keep them together whenever possible.

We're happy to have worked with Cherish and Joe to provide the loving home that Spencer, Hudson and Benji needed and deserve. Our KVC team member, Morgan said, "Joe and Cherish are seriously the best people. They recently bought a bigger house just so that they could take the sibling of a youth currently in their home. They have the biggest hearts!"

Another team member, Erin, said, "I cannot say enough about the Boylan family. I had a hint that this family would do great but they exceeded my expectations. They helped children needing emergency respite care and also weathered some emotional storms because they know that children take time to heal from trauma."

Thank you and congratulations, Boylan family!



Foster Care



foster care

Our Character is Built on Authenticity and Compassion

Can you imagine being a child in foster care — a child who has experienced abuse, neglect or other family challenges that led to placement in state custody?

This past year, we cared for 7,106 such children. Some were newborn babies, arriving in the world with drugs in their tiny bodies. Some were preschoolers and school-aged children, confused and sad about their experiences both before and during their removal from home. And a great many were teenagers, wondering if foster care held any hope for them.

Thanks to thousands of relatives and KVC foster families, these 7,106 children received 24/7 support. An open front door, a clean bed, a warm meal and a hug — these became their path toward healing and reminded them of their precious value.

**7,106
children**

in foster care cared
for by relatives or
foster families

11,063

caregivers trained,
including relatives
and foster families

A KVC Success Story

Young Girl Soars to College Success, Thanks to Loving Foster Family

Early in her life, Shanel's parents struggled in many ways. This led to a turbulent upbringing for her and her two younger siblings, for whom she frequently had to care. She eventually had to enter foster care.

During this time, Shanel and her siblings were placed in the home of KVC foster parents Becky and Philip Lawrence. In their care, Shanel was given stability, comfort and a place to heal from her trauma. Motivated to make the world a better place, Shanel worked extremely hard in school and graduated 8th in her class of over 300 students this past May! On top of this, she has received a \$50,000 scholarship to college due, in part, to a moving essay she wrote about her experience in foster care.

Shanel's foster family and her birth family formed a lifelong connection, giving her a broader support network.

Thank you, Lawrence family, for providing such wonderful care for Shanel. And Shanel, the KVC Team is incredibly proud of you. Congratulations and best wishes in college! You can achieve anything you dream.



In-Home Support



in-home support

Urgency and Innovation Mark Our Approach

When you think of mental health treatment, do you picture going to a psychiatrist or psychologist's office? We have thrown out that traditional model because there's something more effective. We provide support *in people's homes* — yes, we go to them. This makes it easier for people to access treatment since there's no transportation or childcare to worry about. In-home support is also proven to be highly effective because it takes place in the family home where change must occur. For us, demonstrating urgency and innovation means delivering services in different ways to achieve better results.

**26,894
children
& adults**

**benefited from our
in-home services
such as family
therapy, behavioral
healthcare and
skill-building**



A KVC Success Story

7-Year-Old Boy Learns to Succeed at Home and at School

Laura Whitmer is a KVC behavioral health services clinician who worked with a 7-year-old boy for over a year. At first, he was having extreme anger and dangerous behaviors at school. He would throw furniture, resulting in the school having to clear out classrooms or put him in safety holds.

The reasons for his behavior were trauma-related. He had been physically abused by his dad who was no longer around and also had a lot of instability in his family life. He also had to go to a children's psychiatric hospital twice.

KVC gave him a full wraparound support team with Laura, a community support advocate, a case manager and a psychiatrist. We helped adjust his medication, provided in-home therapy, and even worked with him each day at school. We helped him learn how to verbalize his emotions and use his coping skills, and had him placed in a highly structured classroom in which he could make monumental growth. Soon, he was doing incredibly well both at school and at home.





Children's Psychiatric
Hospitals & Residential
Treatment Centers

children's psychiatric hospitals & residential treatment centers

Collaboration Fuels Our Improvement

We help children and teens who are experiencing mental health challenges so they can embrace their full potential, build resilience and thrive in their communities.

As youth depression, anxiety and suicide are on the rise nationally, we're bringing together a broad cross-section of partners to develop solutions. As one example, we raised over \$7 million from generous individuals and organizations this past year to open KVC Hospitals Wichita, a new children's psychiatric treatment center. This collaboration means that youth ages 6 to 18 who are experiencing mental health challenges no longer have to drive hours away from home for help. Now, the treatment they need is close to home and available to serve more children.



**3,090
children
and adults**

**treated at our
psychiatric
hospitals and
residential
treatment centers**

**18,916
expressive
therapy
sessions**

provided

**10,882
individual
therapy
sessions**

provided

A KVC Success Story

Daughter's Success with Treatment Leads Mom to Work at KVC

Angela, a team member at one of our children's psychiatric hospitals recently wrote: "Mental illness is just as real as any physical illness. Children and adolescents who struggle with mental health face challenges at home and at school. Suicide is one of the leading causes of children's death in the United States.



"We recently almost lost our daughter due to attempted suicide. In that moment of crisis, we didn't know what to do. We ended up driving our daughter to the nearest crisis center and from there she was referred to KVC. My daughter has a rare disease and was experiencing severe bullying because of the way she walks. Kids would tell her she was better off dead. She hid what was going on and it could have ended tragically.

Thank you to our KVC team member Angela and her daughter Anneliese for courageously sharing their story of hope.

"Thanks to KVC, my daughter received the services she needed. The mission behind this organization led me wanting to work for this company. They make sure kids have a place to feel safe and ultimately get the tools needed when in crisis. My daughter wants others to be encouraged to not be afraid to ask for help and to reduce the stigma about talking openly about one's struggles with mental health.

"Thank you, KVC, for saving my daughter's life and giving me the opportunity to pursue my goals in the mental health field. People matter."

Diverse Perspectives Are Key to Our Progress

We help health and human service agencies excel at caring for families with the most complex needs through a proven model that improves people's health, their experience of care, and costs.

One excellent example is our multi-year partnership with Hennepin County, Minnesota, which includes Minneapolis. The county has asked KVC to help transform its child welfare system from one that was more reactive to one that is preventative, shifting to a focus on child wellbeing. By embracing KVC's Safe & Connected™ framework, Hennepin County staff are strengthening their critical thinking, addressing bias and racial disparities, and involving families sooner to build trust and develop solutions. Diverse perspectives are key to our mutual progress, and that begins when we make sure everyone has a seat at the table.



**Over
3,500
people**

**received training
or consultation on
best practices in
child welfare and
behavioral health**

**Agencies in
7 U.S.
states and
3 countries**

**received child
welfare or
health-related
consultation**

thank you, supporters

**On behalf of the more than 71,560 children
and adults KVC served last year,**

we sincerely thank the individuals and organizations that give their time and resources to make a difference.

Many thanks to the professionals who donate their time, talent and expertise by serving on the KVC Foundation Board, General Advisory Board, our event committees and other local groups.



2019 impact at a glance



NATIONAL IMPACT

- 71,560** people served and positively impacted by KVC
- 5,857** families strengthened through family preservation services
- 808** children matched with loving adoptive families last year
- 5,321** children matched with loving adoptive families in our agency's history
- 7,106** children in foster care were cared for by relatives and foster families
- 26,894** children and adults supported with in-home services
- 3,090** children and adults treated at our psychiatric hospitals

STATE BY STATE



KANSAS

- 14,049** children served
- 10,076** children and adults received family preservation services
- 953** children safely reunified with their 591 families after being in foster care
- 691** children matched with loving adoptive families last year
- 2,912** children received aftercare support services following a safe family reunification or adoption
- 5,700** children cared for by relative caregivers or foster families
- 995** children and adults received outpatient behavioral health services
- 93%** of children in foster care were cared for in family-like settings instead of group homes, exceeding the federal standard of 90%
- 34%** of children in foster care were cared for by relatives, exceeding the federal standard of 29%
- KVC's child safety rate** in both foster care and family preservation exceeds the federal standard



KENTUCKY

- 7,041** children in 3,128 families received family preservation services
- 96%** of children safely remained with or reunited with their families after receiving family preservation and reunification services
- 2,819** children safely prevented from entering foster care
- 925** children and adults benefited from behavioral health services
- 92** youth received substance use treatment
- 47** children cared for by KVC foster families
- 9** children's adoptions facilitated



MISSOURI

- 100** children served in KVC Niles' behavioral health programs
- 60%** reduction in a child's average length of stay in our residential treatment program from prior year, helping youth return home safely and quickly after treatment
- 5,251** expressive therapy services provided
- 1,796** individual therapy sessions provided



NEBRASKA

1,090 individuals served

- 747** youth cared for by KVC foster families
- 37** youth's adoptions facilitated
- 58** individuals with intellectual or developmental disabilities cared for in KVC extended family homes
- 100%** of youth in KVC foster homes and 100% of youth and adults in KVC extended family homes were safe all year long
- 188** youth from 92 families benefited from in-home family support
- 78** youth and their families served through our Parents and Children Together (PACT) program
- 19** youth benefited from our new Youth Peer Support program



WEST VIRGINIA

612 children cared for by KVC foster families

- 148** children safely reunified with their families after foster care
- 71** children matched with loving adoptive families
- 601** children and adults received in-home support including behavioral healthcare
- 396** children supported in their home communities through Safe at Home WV



KVC INSTITUTE

Over 3,500 people received training or consultation on best practices

Agencies in **7** U.S. states and **3** countries received child welfare or health-related consultation

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B. Wayne Sims — *Co-Chair*
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John N. Barnes — *Vice Chair - Development*
Mayor Michael E. Copeland
Patrick Desbois
Teresa Markowitz
Bill Self

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President & Chief Executive Officer

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Chief Operations Officer

Chad E. Anderson, L.S.C.S.W.
Chief Clinical Officer

Lonnie Johnson
Chief Information Officer

Marilyn Jacobson, J.D.
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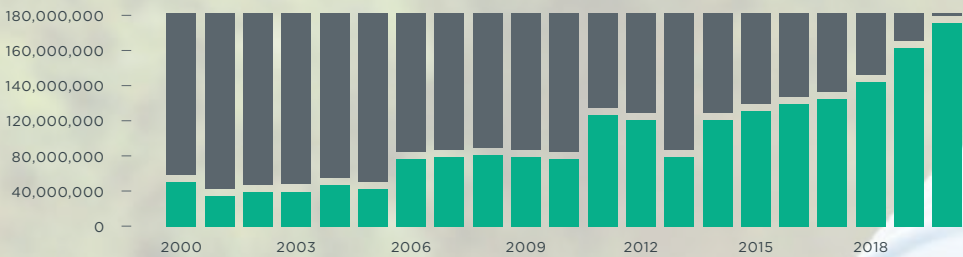
Susan Ott
Vice President of Human Resources

Suzanne Lohrbach, Ph.D.
Executive Director - KVC Institute

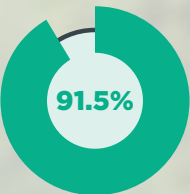
financials

2019 KVC Health Systems and Subsidiaries Financials

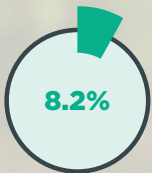
Operating Revenue



Operational Expenses



Program Expenses



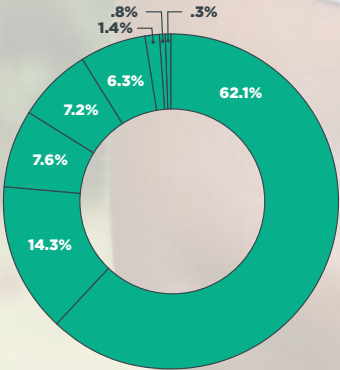
Administrative Expenses



Fundraising Expenses

Operational Revenue

Kansas Services	62.1%
Hospital Services	14.3%
West Virginia Services	7.6%
Kentucky Services	7.2%
Nebraska Services	6.3%
Niles	1.4%
Health Systems/Institute	.8%
Foundation	.3%



Our vision is a world in which every person is safe and connected to a strong family and a healthy community.

Our mission is to enrich and enhance the lives of children and families by providing medical and behavioral healthcare, social services and education.

We need you

You can make a difference.

There are many ways you can help children, adults and families in crisis.

- Foster or adopt a child
- Sponsor a fundraising event
- Make a planned gift or include KVC in your estate plans
- Become an Everyday Hero via monthly giving
- Donate holiday gifts, school supplies or basic needs
- Follow KVC on social media and share our posts
- Educate others and advocate for children and families
- Volunteer
- Apply to join our team



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