2020 Impact Report

50 Years of Heart-Centered Service

KVC Health Systems
We all need connection.
Dear Friends,

In 1970, a woman named Ellen McCarthy in Kansas City, KS noticed young boys in a juvenile detention center who didn’t belong there. These children hadn’t done anything wrong; they were neglected, abused or homeless and simply had nowhere else to go. Ellen gathered a group of women from the Junior League of Wyandotte and Johnson Counties. They generously gave their own money to purchase a home so the boys could be cared for by a couple in a home-like setting.

That spark of kindness among a group of friends was the birth of KVC Health Systems. What began as an effort to love and care for a few children has grown exponentially. Thanks to generous supporters like you who believe in our mission, KVC has now made a positive difference in the lives of over 300,000 children and adults across the U.S. For 50 years, we have strengthened families facing crisis, prevented child abuse and neglect, and helped both children and adults overcome adversity and achieve mental health wellness.

We are pleased to present you with this 2020 Impact Report which shows the lives impacted through your giving. Thank you for investing in our research-backed approaches that help ensure every child is safe and connected to a strong family and a healthy community.

As we celebrate our 50th anniversary, it seems KVC is a perfect illustration of the famous Margaret Mead quote. She said, “Never doubt that a small group of thoughtful, committed citizens can change the world. Indeed, it is the only thing that ever has.” Won’t you join us in recommitting to children and families in need?

Thank you,

Jason Hooper  
President and CEO

B. Wayne Sims  
Board Co-Chair

John Barnes  
Board Co-Chair

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Total Impact

Since the pandemic began, our top priority at KVC has been caring for the children and families we serve. As masks and distancing remain part of our daily lives, we are reminded that we all need connection and a strong support network—now more than ever.

We touched the lives of nearly 65,000 people in need this year. To adapt to these challenging times while maintaining our high quality of care, we moved our foster parent training classes online and made them more convenient than ever before. Our compassionate professionals are joining families in their homes for vital therapies via telehealth. Adoptions have gone virtual with many being performed via WebEx. Donors have given generously to ensure those we care for and the caregivers have personal protective equipment. Every day we continue to make an impact on vulnerable families. Together, we will continue to build stronger families and healthier communities.

64,083 people served and positively impacted by KVC this year

We all need connection.
Strengthening Families

All families can experience challenges related to parenting, illness, employment and income, substance use and/or the cycle of childhood adversity, mental health, abuse, and neglect. When families encounter struggles that are beyond their ability to manage, services that strengthen families and ensure the safety of children are critical.

KVC provides a broad continuum of care that creates a path toward hope and healing through crisis management, in-home therapy and skill-building, and connecting family needs with community resources. Our family preservation programs aim to help families remain safely together, divert children from entering foster care whenever safely possible, and improve family relationships.

My husband and I are currently taking parenting and adult life skills classes with KVC. Our instructor has made a huge difference in our lives! She provides us with positive feedback and positive parenting skills to prepare for reunification with our three beautiful children. She makes us feel part of a bigger community of others, sharing the common struggles of parenting during COVID-19 and its challenges. Thank you for all you do during this time and for helping us all develop more patience and flexibility for our families. Being parents is the most rewarding part of our lives and the journey is exciting thanks to KVC!

— Leslie

11,771 families strengthened
5,929 children safely prevented from entering foster care by helping parents overcome challenges
830 children safely reunified with their parents after foster care
Adoption

Right now, there are more than 430,000 children in foster care and 100,000 of these children are waiting to be matched with their forever family. Imagine an entire football stadium filled with children in need of life-long connection and care. These children were removed from their homes due to abuse, neglect and other heartbreaking circumstances and can’t be safely reunited with their birth families. At KVC, we know children grow best in families. Every day we work tirelessly to find loving adults willing to make this commitment.

492 children matched with loving adoptive families this year

5,539 children matched with loving adoptive families in our agency’s history

Meet children waiting for a forever family at adoption.kvc.org/children or adoptUSkids.org

We’re honored to be part of every adoption we facilitate. Look at these beautiful families!
Foster Care

Foster care provides a safe, nurturing environment that gives a child’s birth family an opportunity to resolve conflicts and learn healthy skills so the child can safely return home. **KVC recruits, trains and supports compassionate adults to serve as foster parents.** These individuals ensure that children receive the education, care and support they need to thrive, and play an important role in helping children recover from trauma and/or neglect they have experienced.

6,142 children in foster care were cared for by relatives or foster families

6,666 foster caregivers trained or supported

I’ve been a foster parent for a number of years now. I’m getting ready to adopt my 12 year old in about two weeks. A few nights ago, he was frustrated and said,

“**Why doesn’t anyone love me?**”

I stayed calm and remembered my training. We talked through the facts that members of his birth family did love him. I reminded him of stories he’d told me and gifts he’d received — gifts he treasured. Just because someone wasn’t able to care for him anymore didn’t mean they didn’t love him. And then I got to remind him that I loved him, too. I was going to go before a judge and declare just that, and more. I would promise not only to love him, but to care for his needs and prepare him for his future. Thankfully, I was in a position to react in an appropriate manner and encourage him thanks to KVC.

— Eric Dugan
In every community, families face challenges related to substance use, trauma, and physical or mental illness. **KVC works to stabilize and strengthen vulnerable families** by offering a full range of support services that are delivered by licensed clinicians right in families’ homes. This eliminates the need to travel to an office, find child care or take time off from work, effectively eliminating barriers to treatment. **Every family deserves a bright future,** and working with families in their own homes offers a unique opportunity for our staff to identify teachable moments and introduce new skills in the location where change must occur.

23,193 children & adults benefited from our in-home services such as family therapy, behavioral healthcare and skill-building.

“It’s so exciting to go to a family’s house — they look forward to you coming. They see you as a partner... and then they see results. With those ingredients in play, it sets everything up for success.”

— Kelly Young, PMT/PMTO 
Manager and Director of Evidence-Based Initiatives for KVC Kansas

The KVC Institute provides professional development and education, clinical practice consultation and guidance, system design, Safe & Connected™ implementation, and research and evaluation.

Through a grant “Support for Legal Permanency and Adolescent Brain Science,” the KVC Institute continued partnership with the Jim Casey Youth Opportunities Initiative of The Annie E. Casey Foundation. This thought partnership involved the KVC Institute serving in an advisory and consultative role on a committee established by the National Association for Social Workers (NASW) to develop new adolescent brain curriculum for disseminating to 50 child welfare training academies. Released in August 2020, NASW’s curriculum focuses on translating expertise and best practices into content and tools that will provide child welfare and mental health practitioners, foster parents and other stakeholders information to better understand how the adolescent brain develops, and offer a brain and trauma-based lens for more effectively engaging older youth.

In another encouraging sign that the adolescent brain science innovations are having an impact, The American Bar Association has adopted new policy “The Adolescent Brain Research Toolkit” which KVC Institute also contributed thought partnership to developing.

Over 3,500 people received training or consultation on best practices in child welfare and behavioral health.

In addition to working alongside KVC offices, external agencies in Minnesota and Virginia and the country of Singapore received child welfare or health-related consultation.
Suicide is the second leading cause of death for people ages 10 to 34. The COVID-19 pandemic has greatly increased depression and anxiety, with the number of Americans reporting anxiety symptoms three times higher than it was last year. Our hospitals and treatment centers provide expert and compassionate care to those who are experiencing depression, anxiety, suicidal thoughts, impacts of trauma and other behavioral and mental health needs. The life-saving work done here is more critical now than ever before.

This year marked the one year anniversary of our new hospital in Wichita, KS. Made possible by generous donors and supporters, this treatment center allowed us to serve an additional 1,200 children and teens who required acute psychiatric care.

3,181 new admissions treated at our psychiatric hospitals and residential treatment centers

21,386 expressive therapy sessions provided

11,900 individual therapy sessions provided

“I’m having a flashback,” his wavering voice admitted. “It’s playing like a movie on a loop in my head and won’t stop.”

I listened as he told me about the pain. The abuse. The horrific night his biological father tried to drown his mother. The times he curled up in his room, willing himself to be invisible to his abusers.

My heart broke inside listening to the pain this young man had experienced. As a newly licensed clinician, I went to my clinical supervisor for help. His advice:

“Connection first...he needs a safe place.”

After that, my first goal of every session was to provide safety and connection no matter the content shared. This client slowly began to trust and accept my help. We worked together and I listened when he shared that he didn’t think anyone would care if he died.

During our work together, I saw him transform from living with nearly constant suicidal ideations and self-harming behaviors to a reduction in harmful behaviors, a bright affect and confidence to continue to make positive changes. I learned that all the textbooks, theories, and interventions are nothing if it doesn’t have a foundation of connection. As a therapist, I am able to walk alongside these youth and meet them in their pain. Positive changes are born from trusting relationships. We all need connection.

— Catrina Brown
Therapist, KVC Hospitals

We all need connection.
FY20 Impact at a Glance

National Impact

- 64,083 people served and positively impacted by KVC
- 11,171 families strengthened
- 9,170 children served
- 2,794 children safely prevented from entering foster care
- 4,457 children safely reunified with their families after being in foster care
- 478 children matched with loving adoptive families last year
- 2,606 children received aftercare support services following a safe family reunification or adoption
- 4,404 children cared for by relative caregivers or foster families
- 1,017 children and adults received outpatient behavioral health services

Kentucky

- 7,222 children in 3,157 families received family preservation services aimed at safely preventing the need for foster care
- 1,024 children served
- 6,640 children and adults received family preservation services
- 2,794 children safely prevented from entering foster care
- 4,457 children safely reunified with their families after being in foster care
- 478 children matched with loving adoptive families last year
- 2,606 children received aftercare support services following a safe family reunification or adoption
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50 Years of Heart-Centered Service

304,189 people’s lives positively impacted by KVC throughout its 50 years

Recipients of KVC’s Annual Hero Award

Each year we present the KVC Hero Award to individuals, couples or organizations who have made a tremendous difference in the lives of children and families.

1970s

- Ellen McCarthy
  - The Bill Family
- Junior League of Wyandotte and Johnson Counties
- Bell Family Foundation
- Terry Showalter
- Betty Crooker

1980s

- Mayor Jack Raardon
  - Sue and Dick Bond
  - Senator Nancy Kassebaum
  - Senator Robert Dole
  - Peta Pomerene
  - Gary Grable
- Aitken Family
  - John H. Conway, Jr. – J.E. and L.E. Mabee Foundation
  - Tom & Conrie Mullrix
- Laura McKnight – Greater Kansas City Community Foundation
  - Sunderland Family
  - Joni and Thornton Cooke
  - Joe Fehely

1990s

- Kansas City Board of Public Utilities
  - Kansas City, Kansas Fire Department
  - Governor Bill Graves
- Secretary Rochelle
  - Chancellor
  - Senator Pat Roberts
  - Dunn Family
  - Larry and Linda Kaminsky
  - Marianne Alkire
- The Honorable Daniel
  - Cahill – The Honorable Daniel Mitchell, The Honorable Kathleen Sloan, Honorable Jean Shepherd
1970 Founded as Wyandotte House
Creating a family friendly environment and other volunteers to help children who had been abused and were being housed in a juvenile detention center.

1980 New Leadership
KVC hired its first nurse as its residential service manager and continued to increase the number of children served each year.

1984 Cyndi Willett in Kansas
Established the first KVC Child Protection and Awareness Program.

1986 Senior director increased Christmas gifts.

1987 New Leadership
Wyandotte House moved from Kansas City to Kansas City, Kansas.

1991 Gold Seal of Accreditation for Children’s Psychiatric Treatment Center
KVC became the first agency in the nation to achieve the Gold Seal of Accreditation for Children’s Psychiatric Treatment Center.

1995 Building a Proven Track Record
KVC was the first agency in the United States to receive the Gold Seal of Approval from the Joint Commission, the top standard for healthcare.

1998 KVC Community Services
KVC opened its first community services office in Kansas City, Kansas.

2000 Expansion into West Virginia
KVC received its first home-based Behavioral Health Care license.

2004 Expansion into Nebraska and Kansas
KVC established a service in Nebraska.

2009 Expansion into Kentucky
KVC opened its first service in Kentucky.

2010 KVC Pediatric Behavioral Health Services
KVC began providing pediatric behavioral health services.

2011 Adoption-celebration
KVC began offering adoption services.

2013 First Child Trauma Training Center Opened
KVC launched the KVC/KVC Midwest Thematic Training Center.

2015 First Child Trauma Training Center Opened
KVC launched the KVC/KVC Midwest Thematic Training Center.

2016 Leadership Transition
KVC hired its current CEO.

2020 Commemorating 50 Years of Heart-Centered Service to Children & Families
50 years of heart-centered service to children and families.

In 2020, KVC honored 100 donors who supported and renewed the organization.
**FY20 Impact at a Glance**

**Nebraska**
- 1,045 youth cared for by KVC foster families
- 24 youth’s adoptions facilitated
- 43 individuals with developmental and/or intellectual disabilities were served in KVC supported Shared Living Provider homes
- 105 children safely reunited with their families after foster care
- 72 youth from 77 families benefited from in-home family support
- 72 youth and their families served through our Parents and Children Together (PACT) program

**Missouri**
- 117 children served in KVC Niles’ behavioral health programs
- 111 admissions at KVC Niles
- 5,150 expressive therapy services provided
- 1,114 individual therapy sessions provided

**West Virginia**
- 1,024 children cared for by KVC foster families
- 151 children safely reunited with their families after foster care
- 15 children matched with loving adoptive families
- 511 children and adults received in-home support including behavioral healthcare
- 31 children supported in their home communities through Safe at Home WV

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**2000s**
- Jeff Wolfe and Cindy Tucci — Jay Wolfe Automotive
- Steve Ringle — Health Care Foundation of Greater Kansas City
- Tom Ryan — Prime Health Foundation

**2010s**
- Will Scott and Bob Scott — Porter Scott Family Foundation
- Dr. Glenn Saxe, New York University
- Patrick McCarthys, The Annie E. Casey Foundation
- Brenda Donald, Washington, D.C., Child and Family Services Agency

**2015**
- Barbara Atkinson, M.D., Representative
- Dennis Moore
- Gene Ballou
- Dr. Jim Hilton — Independence School District

**2016**
- Bob Regnier — Bank of Blue Valley
- Susan Dreyfus — The Alliance for Strong Families and Communities

**2017**
- Anne Roberts, KVC’s Chief Operations Officer for 35 years
- Kansas City, MO

**2018**
- Mayor Sly James and Garmin
- International

**2019**
- Jill Docking, Marc Bennett & Patrick Isbell, HOPE LIVES

**2020**
- Lynn Kaufman, long-time licensed clinical social worker at KVC Hospitals and Seame Workshop, creators of the innovative Seame Street in Communities Initiative
Dear Friends of KVC Foundation,

On behalf of the KVC Foundation Board, thank you for all you have done to connect children, adults and families to the help they so desperately need from KVC. Last year, more than 1,011 donors contributed more than $3.4M in gifts and pledges to the KVC Foundation. With the help of individuals, corporations, and foundations from over 25 different states, we continue to work toward our vision to ensure every person is safe and connected to a strong family and a healthy community.

Working alongside Jason Hooper, Michelle Lawrence and the outstanding leadership at KVC, the most rewarding aspect of chairing the Foundation is seeing firsthand the generosity of KVC friends. For 50 years, KVC’s donors have buoyed our values and this year was no exception. It is the caring support of many across Kansas and Oklahoma that helped to open the new children’s psychiatric hospital where we cared for more than 1,300 children in our first year. It is our holiday heroes who add a few items to their list for children in out-of-home care. It is our friends at Sleep Outfitters that ensure that children coming into foster care have a bed to rest in each night. It is your quick response to the COVID-19 pandemic that led to immediate expansion of our telehealth programs in five states. Through both monetary and in-kind support, we are able to protect our most valuable resources with personal protective equipment (PPE).

We are humbled by the 351 first-time donors and grateful for our long-term donors who have stood by us. To each of our donors we say thank you. Your hard work and dedication to our cause has made an incredible difference in the lives of those in our care. For all that the 2019-2020 year has brought, you have matched it with hope.

With warm regards,

Paula C. Meidel, Chair — KVC Foundation
The Lifetime Giving Society

The Lifetime Giving Society honors the leadership and extraordinary support of donors with cumulative giving of $100,000 or more.

Anonymous
Susan and Scott Asner
The Ball Family Charitable Foundation
Bank of Blue Valley
Annie E. Casey Foundation
Children's Services Fund of Jackson County
Joni S. Cooke
Cosentino Family
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The Hall Family Foundation
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Unilever Company
United Way of Greater Kansas City
University of Kansas Center for Research
Martha A. Vanier
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Wallace Charitable Foundation
City of Wichita
Wolfe Automotive Group

The KVC Legacy Society

Membership in the KVC Legacy Society requires only that KVC is included in your gift planning, i.e. your will or living trust bequest, charitable remainder trust, charitable gift annuity, life estate agreement, charitable lead trust, or gift of a life-insurance policy or commercial annuity. (These methods of gift giving are called planned gifts or deferred gifts.)

We are delighted to announce the inaugural planned gift to the KVC Foundation and to thank the first members to join the KVC Legacy Society:

Amy and Paul W. Klayder

Visit https://planmygift.kvc.org to learn how you can become a member of the KVC Legacy Society.

— Paul Klayder

Honor Roll

$100,000 & Up
Anonymous
Ball’s Charity Golf Classic
Children’s Services Fund of Jackson County
Garmin International
Anonymous
Salt Family Foundation
Sedgwick County, Kansas
The Suerthland Foundation
The Darrel and Dee Rolph Family Fund
Dwane L. and Velma Lunt Wallace Charitable Foundation

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Bruce G. Cochenier Foundation
DeVore Foundation
Jill Docking
JE Dunn Construction Company
Marianne and William Dunn, Jr.
Fugate Enterprises
Goebel Family—Star Lumber Charitable Trust
Greater Kansas City Community Foundation
Holmes Murphy & Associates
Lewis H. Humphreys Charitable Trust, Bank of America, N.A., Trustee
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Lar Foundation
Anne and David Roberts
Kenneth L. and Eva S. Smith Foundation
Tampour Seal Foundation
Wells Fargo Foundation
City of Wichita, Kansas

$10,000–19,999
Susan and Scott Asner
Bank of Blue Valley
Blue Grass Community Foundation
Charitable Foundation Inc.
City of Olathe, Kansas

$2,500–9,999
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Gretchen and Chad Anderson
Renny and Mark Arensberg
Asbury United Methodist Church

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Your gift to KVC will become a legacy. You are giving to children, which are our future. Your gift will outlast you.

— Tonya Groves, whose father-in-law was a resident at KVC Niles

Up to $100
Lydia Akin
Reisa Akram
David Albrecht
Tyanna Alderfer
Amanda Alley
Jody and Charles Anderson
Anonymous
Anonymous
Niles Anonymous
Amirre Aremberg
Shara and Paul Arnhold
Allison Arnold
Jamie Austin
Jodie and Brian Austin
Mitchell T. Beal
Diane Ball
Peter Barndollar
If any of us could spend one day in the shoes of a child that doesn’t have a safe home, you would recognize how important KVC is.

— Robb Murphy
KVC Hospitals Hope Lives Campaign

Donors contributed more than $7.7 million to open the new children’s psychiatric hospital in Wichita, KS.

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**In-Kind Donors Up to $100**
In addition to these listed donors, hundreds of gifts under $100 were made to KVC Health Systems. Many of those donations include holiday gifts and back to school supplies. We are so grateful to each of you for thinking of the children we serve throughout the year.

*If we have inadvertently omitted or misspelled any names, please advise us at amachetta@kvc.org so we can correct our records. Thank you!*
Leadership

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In Loving Memory of Dick Bond & Mayor Michael Copeland

We said goodbye to two tremendous friends to KVC this year. Former Kansas Senate president Dick Bond helped children and families through KVC for nearly 40 years, beginning in the early 1980s. He and his wife Sue raised funds and awareness, and served as KVC Board chairs and longtime Board members.

Mayor Michael Copeland of Olathe, Kansas was an incredible champion for children and people in need. He served on KVC’s Board of Directors for more than 13 years, beginning in 2007, and helped so many through his annual Mayor’s Christmas Tree Fund. We continue to be inspired by their servant leadership and will miss them both.

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President & Chief Executive Officer

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Chief Operations Officer

Chad E. Anderson, L.S.C.S.W.
Chief Clinical Officer

Lonnie Johnson
Chief Information Officer

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Executive Director – KVC Institute

Financials

2020 KVC Health Systems and Subsidiaries Financials

Operating Revenue

<table>
<thead>
<tr>
<th>Year</th>
<th>Revenue</th>
</tr>
</thead>
<tbody>
<tr>
<td>2000</td>
<td></td>
</tr>
<tr>
<td>2005</td>
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<td>2015</td>
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<td>2018</td>
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<tr>
<td>2021</td>
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</tbody>
</table>

Operational Expenses

- Program Expenses: 90.73%
- Administrative Expenses: 9.16%
- Fundraising Expenses: 11.19%

Operational Revenue

- KVC Kansas: 50.7%
- KVC Hospitals: 19.1%
- KVC Kentucky: 9.7%
- KVC Nebraska: 8.5%
- KVC West Virginia: 8.0%
- KVC Niles: 1.8%
- KVC Foundation: 1.4%
- KVC Health Systems: 0.8%
Our vision is a world in which every person is safe and connected to a strong family and a healthy community.

Our mission is to enrich and enhance the lives of children and families by providing medical and behavioral healthcare, social services and education.

Your support changes lives

You can make a difference. There are many ways to get involved!

- Follow KVC on social media and share our posts
- Educate others and advocate for children and families
- Volunteer
- Become an Everyday Hero via monthly giving
- Sponsor a fundraising event
- Donate holiday gifts, school supplies or basic needs
- Make a planned gift or include KVC in your estate plans
- Foster or adopt a child
- Apply to join our team

KVC Health Systems
21350 W. 153rd Street | Olathe, Kansas 66061 | (913) 322-4900 | www.kvc.org